



FIRST STEP PLAYGROUP



Policies and Procedures

1. Safeguarding and Promoting Children's Welfare

Promoting health and hygiene

1.17 Nappy changing

Policy statement

No child is excluded from participating in First Step Playgroup who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- First Step Playgroup has a 'duty of care' towards children's personal needs.
- Gloves and aprons are put on before changing starts and the areas are prepared. All staff are familiar with the hygiene procedures and carry these out when changing nappies
- During nappy changing the staff are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents' and staff do not make inappropriate comments about young children's genitals when changing their nappies.
- Nappies and 'pull ups' are disposed of hygienically. Nappies or pull-ups are bagged and put in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and towels to hand. They are allowed time for some play as they explore the water and the soap.

- Older children access the toilet when they have the need to and are encouraged to be independent.

This policy was adopted at a meeting of

First Step Playgroup, Somersham

Held on

8th November 2016

Date to be reviewed

November 2017

Signed on behalf of the management

Name of signatory

Angie Kelly

Role of signatory

Playgroup Manager

Reviewed

19th September 2017

1.17 Nappy changing